

Charles L. Spragg & Community School

BREAKFAST IS OFFERED **FREE** TO ALL STUDENTS DURING HOMEROOM
 BREAKFAST INCLUDES: Cereal, Milk, Juice, Fruit and a Bread Item

Student Lunch

SPRAGG SCHOOL

PAID: \$2.75

REDUCED: \$.40

COMMUNITY SCHOOL

PAID: \$2.90

Reduced \$0.40

Alternate Lunch Choices

Pre-K - 8th grade:

Peanut Butter & Jelly Sandwich

1st - 8th grades only :

Salad with Yogurt

4th - 8th grades only :

Tuna Sandwich

MILK CHOICES

1% WHITE

FAT FREE STRAWBERRY

FAT FREE CHOCOLATE



EGG HARBOR CITY SCHOOLS

SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>ATTENTION PARENTS AND GUARDIANS: PLEASE HAVE ALL LUNCH APPLICATIONS BACK TO SCHOOL BY SEPTEMBER 18TH</p>	
4	5	6	7	8
		<p>NO SCHOOL</p>	<p>FIRST DAY OF SCHOOL! 12:20 DISMISSAL BREAKFAST SERVED NO LUNCH</p>	<p>12:20 DISMISSAL BREAKFAST SERVED NO LUNCH</p>
11	12	13	14	15
<p>CHICKEN PATTY ON A KAISER ROLL BABY CARROTS WITH DIP ASSORTED FRUIT MILK</p>	<p>CHEESEBURGER SEASONED BROCCOLI ASSORTED FRUIT MILK</p>	<p>12:50 DISMISSAL Brunch Lunch HAM, EGG & CHEESE ON A ROLL HASH BROWN FRUIT JUICE ASSORTED FRUIT MILK</p>	<p>BAKED TOSTITOS SCOOPS WITH TACO MEAT CHEESE SAUCE SALSA, CORN ASSORTED FRUIT MILK</p>	<p>CHEESE PIZZA GARBANZO BEAN SALAD ASSORTED FRUIT MILK</p>
		<p>CLS BACK TO SCHOOL NIGHT 7pm - 8:30 pm</p>		
18	19	20	21	22
<p>HOT DOG OVEN FRIES BAKED BEANS ASSORTED FRUIT MILK</p>	<p>BBQ CHICKEN ON A ROLL SWEET PEAS ASSORTED FRUIT MILK</p>	<p>12:50 DISMISSAL Brunch Lunch FRENCH TOAST STICKS SAUSAGE ORANGE JUICE ASSORTED FRUIT</p>	<p>SHELLS WITH MEAT SAUCE GREEN BEANS ROLL ASSORTED FRUIT MILK</p>	<p>CHEESE PIZZA CARROTS ASSORTED FRUIT MILK</p>
		<p>EHCCS BACK TO SCHOOL NIGHT 7pm - 8:30 pm</p>		
25	26	27	28	29
<p>CHICKEN NUGGETS WITH DIPPING SAUCE HASH BROWN FRUIT JUICE ASSORTED FRUIT MILK</p>	<p>GRILLED CHEESE TOMATO SOUP GOLDFISH CRACKERS ASSORTED FRUIT MILK</p>	<p>CHEESEBURGER SEASONED BROCCOLI ASSORTED FRUIT MILK</p>	<p>ROASTED CHICKEN RICE PILAF CARROTS ROLL ASSORTED FRUIT MILK</p>	<p>CHEESE PIZZA THREE BEAN SALAD ASSORTED FRUIT MILK</p>